

WATERMELON

Cutting & Yield



1

Cut off the ends, providing a base and access to the peel and rind.



2

Angle the knife, placing it where the white rind meets the red flesh and following the curve of the fruit, cut off the rind.



3

Cut the whole watermelon into disks, widthwise in the desired size of cubes.



4

Lay the disks face down, pushing the smaller disks to one side and cut same size strips in both directions.

YIELD

Size	60	45	36
Time (min)	2.50	2.58	3.05
Flesh (lbs)	8.61	9.54	10.67
Skin (lbs)	3.61	4.24	7.17
Flesh (%)	70.5%	69.2%	59.8%



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