

Watermelon Fire & Ice Salsa

- 3 cups chopped watermelon
- 1/2 cup diced green peppers
- 2 tablespoons lime juice
- 1 tablespoon diced cilantro
- 1 tablespoon diced green onion
- 1-2 tablespoons diced jalapeño peppers

Combine ingredients; mix well and cover.
Refrigerate 1 hour or more.

Serve with chips or as a garnish for chicken and fish.

Makes 3 servings



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Makes 6 servings

Watermelon Mediterranean Salad

- 3 cups cubed watermelon
- 6 cups torn mixed salad greens
- 1/2 cup sliced onion
- 1 tablespoon extra virgin olive oil
- 1/3 cup crumbled feta cheese
- 1 dash cracked black pepper

In large bowl, mix all ingredients except oil and pepper. Just before serving, toss salad mixture with oil. Garnish with pepper.



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