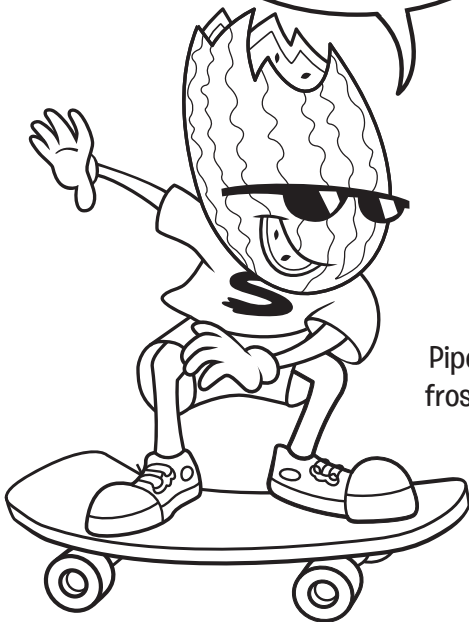


Don't forget to color the part that looks like ice cream red. It's really watermelon!



## One Scoop of Watermelon Please!

### Ice Cream Cone Sundaes

- 8 natural cake ice cream cones
- 8 tablespoons pineapple cream cheese frosting
- 1/2 cup dried raisins
- 1/2 cup vanilla yogurt
- 6 scoops of seedless watermelon

Pipe a tablespoon of the frosting into the bottom of each cone. Divide the raisins over the frosting. Top the raisins with the yogurt. Place an ice cream scoop of watermelon on top of each cone and serve. Serves 8.

A 2-cup serving of watermelon is fat free and 92% water.

[watermelon.org](http://watermelon.org)

National Watermelon Promotion Board

