

It's really watermelon!

Watermelon and Frosting with Sprinkles on Top!

Watermelon Cupcakes

8 cupcake liners

8 cupcake shaped pieces of seedless watermelon (see below) 2 cups pineapple cream cheese frosting Sprinkles for garnish

Place the liners in an 8-cup cupcake tin. Cut 3-inch thick slices of seedless watermelon. Cut round cupcake shaped pieces from the slices. Put a watermelon 'cupcake' in each liner. Place a dollop of frosting on each cupcake. Decorate with sprinkles. Serves 8.

A 2-cup serving of watermelon is fat free and 92% water.

watermelon.org